



How to report a Rapid Antigen Test

Call TCHHS Public Health if you test positive for COVID using a Rapid Antigen Test (RAT):

- Call TCHHS Public Health on 0438 755 738 or call your local health centre.
- Stay home for seven days after your test.
- Do not have any visitors to your home.

Even if you have been vaccinated, if you have any symptoms of COVID-19, no matter how mild, get a COVID test.



Fever



Cough



Sore throat



Shortness
of breath



Runny nose



Fatigue



Diarrhoea



Vomiting
or nausea



Loss of
smell



Loss of
taste

For more information visit: www.health.qld.gov.au/torres-cape



COVID-19

Care in the home

If you have been recently diagnosed with COVID-19

1. Your health centre will give you a pulse oximeter to take home and measure your heart rate and oxygen levels
2. You now must return home and isolate for 7 days from the date of your positive test result
3. During this time, you must stay home and must not have visitors in the home
4. A COVID-19 Public Health Staff Member will contact you for further information and provide daily wellness checks
5. You are responsible for notifying your household close contacts (your local health facility will provide you with Day 6 Rapid Antigen Tests, if available, for your close contacts)
6. You do not need any further COVID-19 tests

If you are a close contact

1. If you live in the same house as the person diagnosed with COVID-19 please return home and quarantine for 7 days from the date of their positive test result
2. If you don't live in the same house as the person diagnosed with COVID-19, please return home and quarantine for 7 days from the last exposure with a person diagnosed with COVID-19
3. During this time, you must stay home and must not have visitors at home
4. If you develop any COVID-19 symptoms, please attend your local health facility for a COVID-19 test
5. If you don't have any COVID-19 symptoms, you only need to have a Day 6 RAT and if negative can leave quarantine after Day 7

For urgent medical assistance call 000 or your local hospital or Primary Health Care Centre and tell them you have COVID-19.

For all other assistance or enquiries call 24/7 On Call COVID-19 Public Health Nurse on 0438 755 738

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